

Tuesday, January 3, 2006

The PAPER

of Montgomery County

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Crawfordsville, Indiana

PLAYOFF BOUND
Colts have best NFL record going into playoffs

See Page A9

Weatherby says:
65 and thunderstorms yesterday... Snow maybe tomorrow...
Happy New Year!



Obituaries

- ▶ Jerry W. Newlin
- ▶ Frederick Scott Perdue
- ▶ Richard Lee West

Quote of the Day

"I am too blessed to be stressed!"

▶ Anonymous

Prayer of the Day

Prayer for Those in Military Service

God of compassion, we pray for military personnel, offered for the sake of others, and separated from family and loved ones. Care for them; meet their needs. Grant them courage, compassion, strength, and all they need for the living of these days. Sustain them through their every trial. Remind them of the humanity they share even with those who are called "the enemy;" through Jesus Christ our Lord we pray. Amen.

Joke of the Day

It's a new year, which means some of us are getting older. For the rest of the week, here are some quips about the inevitable process of aging that we hope make you smile.

- Advantages to being over 50:
1. Kidnappers are not very interested in you.
 2. In a hostage situation you are likely to be released first.
 3. No one expects you to run anywhere
 4. People call at 9 p.m. and ask, "Did I wake you?"
 5. People no longer view you as a hypochondriac.
 6. There is nothing left to learn the hard way.
 7. Things you buy now won't wear out.
 8. You can eat dinner at 4 p.m.
 9. You actually enjoy hearing about other peoples operations.
 10. You find yourself in heated arguments about pension plans.

City council helps animal shelter

By KAYLA GENTRY
kgentry@thepaper24-7.com

The Crawfordsville City Council Committee met Monday night to discuss and act on fiscal matters and ordinances.

Among the affairs presented was an item to approve additional appropriation of \$15,000 so that the Animal Welfare League of Montgomery County can remain a viable entity. The appropriation is

conditional upon the Montgomery County Council and the other incorporated towns in Montgomery County adding their fair contributions for the 2006 budget.

The Animal Welfare League has had its fair share of serious troubles and issues in the past. Whether or not the shelter remains open is a question that has been discussed by local officials.

According to a letter from the AWL board of directors, the aver-

age monthly expenses at shelter are \$17,426.00 and the average monthly income the shelter receives from city and county is a mere \$8,206. To counteract this deficit, the AWL has been dipping into its savings by spending on av-



ZUMER

erage \$9,200 a month to help pay the expenses and payroll.

That same letter states that there are many reasons why there has been such a significant loss of funds. First, a lack of funding by the city and county, second an increased payroll which began in 2002, third an increase in health insurance premiums, and finally

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Indiana Energy Conference set at Vanity Theater

The Indiana Energy Conference is designed for people to explore our culture's relationship with energy. The purpose of gathering together is to discuss our experiences, share ideas, explore action, and build community. The event is free.

The conference begins at 1 p.m. Saturday, Jan. 7, and meetings are scheduled for the following three



Michael Shuman Richard Heineberg Steve Andrews John Ikerd

Saturdays. Activities will include: several film screenings, DVD presentations by various speakers, discussion, networking activities and more.

The conference is inspired by the Second U.S. Conference on Peak Oil

and Community Solutions and issues of sustainable living, food production, population growth, modern culture, human relationships to the land and community building among many other things will be addressed.

The conference is open to all in-

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New year means new laws

By SANDY BROWN
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Jan. 1 means the start of a new year and the implementation of some new legislation.

County Commissioners have already taken steps to comply with a new law designed to protect Indiana citizens from identity theft.

A County Identity Security Protection Fund will be created and used to purchase special software to automatically replace a Social Security number on some documents with X's. To pay for the software a \$2 fee will be assessed on all transactions that funnel through the County Recorder's Office.

There are some exceptions to the fee. Power of attorney documents, military discharge records and death certificates will be exempt as these documents require Social Security numbers for proper identification.

After the first year the fees collected will be placed in the General

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It's time to shed holiday pounds

By KAYLA GENTRY
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Only in a perfect world would every holiday sweet that we popped in our mouths float around in our stomachs and magically evaporate in our stomachs as empty calories.

The average slice of yummy black forest cake, a favorite of many, has 601 calories, 41 grams of fat, and a

whopping 57 grams of carbohydrates. Yikes!

Winter weight usually is contributed to an increase in eating the good stuff; most of you know it as Grandma's pumpkin pie, cookies, and home-made candies that you manage to scarf down each year. Getting off the excess fat is much harder than putting it on.

Athena Center athletic trainer Dec

Booth, believe

Before beginning a weight loss program, be ready. Many programs require a shift in diet, lifestyle, and exercise routines.

In Montgomery County there are numerous ways to get involved in a weight-loss program. Athena Sport and Fitness Center, Curves for Women, Weight Watchers, and Park and

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Community Profile

Study a dream for General Lew Wallace



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Community

The Paper of Montgomery County

Energy...

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terested persons. The conferences are set for 1 p.m. Jan. 7, 14, 21 and 28 at the Vanity Theater, 122 South Washington St., in Crawfordsville.

Frank Cicela, a resident of rural Montgomery County shared that the seeds for the Indiana Energy Conference he organized were planted around two years ago.

Subsequent to reading LHOAS Cicela read a speech by a senior leader at Alcoa, CSI, where he is employed, who stated: "China, the world's most populous country, joined the club of net oil importers in the last decade, driven by forces of modernization and development that are expected to scale up over the near term. This of course is a scenario we in the United States are familiar with. Our own appetite for oil and gas is unabated, even as domestic production continues to decline. Worldwide, growing demand is expected to drive growth in oil and gas production to peak sometime in the next decade at more than 30 billion barrels a year."

Megan Quinn, the outreach director at The Community Solution, generously donated performance rights of 2005 Conference Speaker presentations. Other film producers including Barry Silverthorn (End of Suburbia) and Jeff Barrie (Kilowatt Hours) waived or greatly discounted screening royalties of their

films.

Richard Heinberg is a leading educator and international speaker on the coming global "oil peak" and author of the seminal work, *The Party's Over: Oil, War, and the Fate of Industrial Societies* as well as *Powderdown: Options and Actions for a Post-Carbon World*. He is also a professor at New College in Santa Rosa, California, where he teaches courses on "Energy and Society" and "Culture, Ecology, and Sustainable Community." He and his wife have implemented low-energy techniques in their own home, which has been renovated for energy efficiency and where they grow much of their own food.

Michael Shuman an attorney and economist, is vice president for Enterprise Development for the Training & Development Corporation (TDC) of Bucksport, Maine. He has written, co-written, or edited six books. He has written over a hundred articles on community economics, federalism, foreign policy, and philanthropy for periodicals like *The Washington Post*, *The Weekly Standard*, *Foreign Policy*, *Parade*, *New York Times*, *The Nation*, and *Chronicle on Philanthropy*. Shuman specializes in community economics, business financing models, local investment strategies and North-South development cooperation. He speaks and consults

around the country on ways to strengthen local and regional economies.


Steve Andrews is an energy consultant, freelance writer on peak oil, builder and co-founder of the Association for the Study of Peak Oil; U.S. He has taught solar and energy-efficiency classes at universities and colleges, and worked on the PBS TV series "Running on Empty" and frequently works with the state of Colorado on energy issues related to building, transportation, and land-use planning. He lives in a super-efficient, off-grid home that he built in Westcliffe, Colorado. He is working on the design of a system to evaluate alternative energy systems.

Andrews will give a realistic, unbiased assessment of the potential of various alternative energy sources. He also will explain how to measure the viability of popular alternatives and share ways of evaluating alternate energy sources, including net energy analysis, dollar costs, environmental impact, and others.

John Ikerd was raised on a small dairy farm in southwest Missouri. He holds a BS, MS and PhD in agricultural economics and taught at four major Land Grant Universities for 30 years. Since retiring he spends most of his time writing and speaking out on issues related to sustainable agriculture with an emphasis on the

economics of sustainability. He is the author of *The Case for Common Sense: The New Economic, Ecological, and Social Revolution and Sustainable Capitalism: A Matter of Common Sense*.

Complete event details and descriptions can be found by visiting www.indianaenergyconference.org on the web.



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Pounds...

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Rec each have weight loss programs that you can begin. Most of these programs will require a shift in eating habits and a lifestyle change. A rule of thumb most diets tend to go by is to cease eating unnecessary sugars and excess fats and replacing them with whole, organic fruits, vegetables, grains and non-fatty meats.

Dee Booth, aerobic coordinator at Athena Sport and Fitness Center and a leader of the biggest loser competition at Athena stresses the importance of watching your portion sizes and using common sense.

"I basically tell people to write down what they are putting in their mouths by keeping a journal. It seems like when people have to write things down they may not eat as much," Booth said. "We, in our biggest loser groups, use a principle of moving more and eating less! We like people to exercise at least three times a week, but like to see people exercise five times a week."

"If people learn portion sizes it will help them out considerably. When you are eating, only eat one portion instead

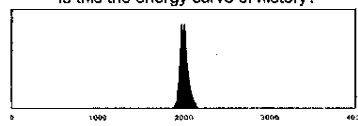
kids and my high school youth group. Making time for yourself and deciding that you are going to lose weight is a great thing," Booth said.

The organizations listed

above are wonderful ways to get those New Years Resolutions on the move.


You may contact the organizations for prices, advice, and tips on weight-loss.

Indiana Energy Conference
Is this the energy curve of history?



January 7, 14, 21 and 28 from 1-5 pm
The Vanity Theater
122 South Washington St, Crawfordsville, IN
More information on the web at:
www.indianaenergyconference.org

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New Year's Sale

At Horner's Bargain Lot

Prices have been slashed thousand's for this sale. The selection has never been better and the prices have never been lower!

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	2002 Pontiac Bonneville SLE Leather, loaded, V6, moon roof, CD, chrome wheels, local trade		2001 Pontiac Grand Prix GTP, chrome wheels, new rubber, moon roof, leather, local trade
Was \$12,995	NOW \$11,995	Was \$10,995	NOW \$8,995

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For Thursday
January 5

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